



Beware of everything that is untrue. Stick to truth and we shall succeed.  
Fifty centuries are looking on you; the future of India depends on you. Work on....  
*Swami Vivekananda*

People of India celebrated 12<sup>th</sup> January as "National Youth Day" from 1984. Because, on this day in the year of 1863, a one man industry was born. He was known as the great philosopher, an inspiration to the youth, the embodiment of Indian culture and intelligence "Sri Swami Vivekananda, the great spiritual guru" of India. He stands as a role model for generations in various respects. The path laid by saintly philosophers, for leading a truthful and purified life is hardly followed by the materialistic society of today. Swami Vivekananda inspired many young people including great leaders like Nethaji Subash Chandra Bose through his works. His works and knowledge is an ideal and inspiration for the youth to achieve greater things in life.

### Why national youth day is essential

Normally we can say that the age group in between 16 to 35 is called as the youth stage of life. This is known as the most productive stage of life. Indian youth has a special quality for popularize our culture and traditional values not only in India but also through out the world. With popular culture becoming more youthful and more accessible through TV, technology and global consumer brands, today's youth think that the traditional demographic terms are not able to spread longer benefit to them. So to teach and aware them about the essentialities of moral, cultural, and spiritual values in a human life, national youth day is observed every year on the eve of Swami Vivekananda's Jayanti on 12<sup>th</sup> January every year through out India.



## Objective of National Youth Day

The main *objective of National Youth day* is required for us to spread knowledge and the literature of Swami Vivekananda to the society, to build good characters and true citizens of the Nation. A responsible Youth must be taking the responsibility for the development of Individuals, villages and cities. Let us all put our efforts together to make a better society, inspired from the ideals of Swami Vivekananda is into: -

- Inspiring youth to channelize their powers towards the development of the Nation
- Working for fulfillment of basic needs of people
- Creating awareness in the people in various aspects of Health, Education, Technology, and
- Develop the quality of Spiritualism among the Youth

## Three stages of Youth life

- **‘Discovery’** stage i.e. 16 to 19 years of old
- **‘Experimentation’** stage i.e. 20 to 24 years of old
- **‘Golden’** stage i.e. 25 to 34 years of old



## Celebration in Jharkhand

The National Youth Day is observed all over Jharkhand at schools and colleges, with processions, speeches, recitations, music, youth conventions, seminars, Yogasanas, presentations, competitions in essay-writing, recitations and sports on 12<sup>th</sup> January every year. Swami Vivekananda's lectures and writings, deriving their inspiration from Indian spiritual tradition and the broad outlook of his Master *Sri Ramakrishna Paramahansa*, are the source of inspiration and have motivated numerous youth organizations, study circles and service projects involving the youth.